

Elisa Bernick is the author of *The Family Sabbatical Handbook: The Budget Guide to Living Abroad With Your Children*. She is available for radio, television, magazine, and newspaper interviews.

To schedule Elisa Bernick for an interview contact her at:
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As a former radio and television producer, Elisa understands what goes into a good interview and what makes a great guest. She offers knowledgeable and lively advice for families interested in moving abroad to live for three months or longer. She is prepared to discuss the spiritual and philosophical benefits of living abroad as well as the nuts and bolts reality of embarking on such an adventure. She can also discuss how this type of adventure may have a lifelong impact on children and families. Elisa's audiences include people who love traveling, parents who crave more quality time with their children, armchair travelers, and families who are relocating abroad.

Elisa spent several years traveling through Europe and the Middle East. She has lived in France, Scotland, Israel, and most recently, she and her husband spent 18 months living in San Miguel de Allende, Mexico with their two children ages 2 and 7.

Potential interview topics include:

- The top ten reasons to take a family sabbatical abroad
- How a family sabbatical can help parents develop more creative and passionate relationships with their children and each other
- How to find the best sabbatical locations abroad
- How to finance this type of adventure
- How to prepare and what to pack
- How to deal with vaccinations and visas
- How to find quality medical care abroad and cope with medical emergencies
- Growing together as a family
- Coping with homesickness
- Traversing cultural differences
- Living the lessons you learn abroad after returning home
- Choosing schools abroad and dealing with schools back home
- Language challenges and successful bilingual and immersion schooling
- The lasting impact of this type of adventure
- The ups and downs of living abroad
- How living abroad can transform a child's self image and his or her understanding of how interconnected everyone and everything is on our planet

As well as many other interesting, informative, and provocative topics...